



<b>Meal Prices:</b>	
Lunch (K-4 <sup>th</sup> ) \$2.75	Lunch (5-12 <sup>th</sup> ) \$3.00
Breakfast \$2.00	Milk \$.40 (extra or milk break)
Adult Lunch \$3.90	Adult Breakfast \$2.50

Monday	Tuesday	Wednesday	Thursday	Friday
27 Lunch: Popcorn chicken, mashed potatoes, gravy, fruit HS Dinner roll  Breakfast: Waffle sticks	28 Lunch: Walking taco, Spanish rice, black beans, salsa, fruit  Breakfast: Smoothie and a muffin	29 Lunch: Chicken alfredo, peas, fruit HS Breadstick  Breakfast: Breakfast sandwich	30 Lunch: BBQ sandwich, chips, baked beans, fruit  Breakfast: Waffle sticks	1 Tomato soup, cheesy French bread, salad, fruit  Breakfast: Cinnamon Roll
4 Chicken patty sandwich, smiley fries, fruit  Breakfast: Cereal, grahams	5 Spaghetti, breadstick, cottage cheese, fruit  Breakfast: Strawberry yogurt parfait	6 Crisпитos, cheese sauce, Fiesta corn, fruit  Breakfast: Benefit bar	7 Scalloped potatoes and ham, dinner roll, mixed vegetables, fruit  Breakfast: Pancakes	8 Pizza Ranch Pizza, green beans, fruit, Swirled brownies  Breakfast: Mini donuts
11 Chicken nuggets, mashed potatoes, gravy, fruit HS: dinner roll  Breakfast: Breakfast pizza	12 Rotini noodles, cheese or spaghetti sauce, breadstick, cottage cheese, fruit  Breakfast: Banana bread	13 Orange Asian chicken, rice, egg roll, fruit  Breakfast: Carmel roll	14 Chili, cornbread, salad, fruit  Breakfast: Muffin and a smoothie	15 Sub sandwich, chips, fruit, cookie  Breakfast: Ultimate Breakfast Round
18 Chicken strips, mac n cheese, peas, fruit  Breakfast: Mini bagels	19 Cheeseburger, fries, baked beans, fruit  Breakfast: Breakfast sandwich	20 Brunch 4 Lunch: French toast sticks, sausage links, fruit and juice  Breakfast: Lemon bread	21 Turkey bits n gravy over mashed potatoes, stuffing, candied sweet potatoes, fruit Breakfast: Cereal, grahams	22 Cheesy Bosco stick, green beans, marinara sauce, fruit, cook's choice dessert  Breakfast: Long John Donut

Variety Grab N' Go breakfast is available in the middle school for 5-8<sup>th</sup> grade.

All meals include choice of 1% chocolate or white milk and a fruit/vegetable bar is available at lunch. 2<sup>nd</sup> lunch option for grades K-8: PB and Jelly sandwich, yogurt or cheese stick, fruit and salad bar. 2<sup>nd</sup> lunch option for grades 9-12: Chef salad, fruit and milk.  
Menu is subject to change, check lisbonpublicschools.com for updates/changes.

**This institution is an equal opportunity provider.**

