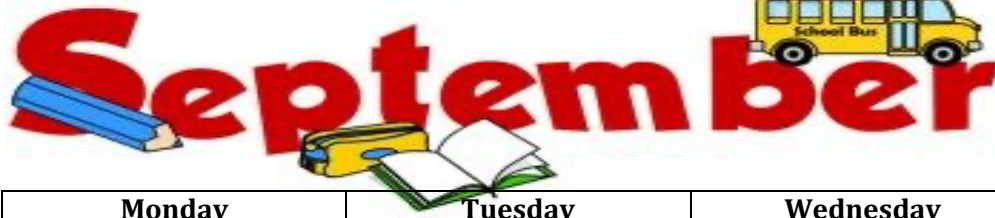


September



Meal Prices:

Lunch (K-4th) \$2.75 Lunch (5-12th) \$3.00
 Breakfast \$2.00 Milk \$.40 (extra or milk break)
 Adult Lunch \$3.90 Adult Breakfast \$2.50

Monday	Tuesday	Wednesday	Thursday	Friday
4 No School Labor Day	5 Chicken alfredo, peas, breadstick, fruit B) Breakfast pizza, fruit/juice	6 Lunch: Sub sandwich, chips, fruit B) Banana bread, cheese stick, fruit/juice SCHOOL PICTURES ☺	7 Lunch: Lunch: Walking taco, Spanish rice, black beans, salsa, fruit B) Strawberry yogurt parfait, fruit/juice	8 Lunch: Tomato soup, cheesy French bread, salad, fruit, ice cream B) Carmel Roll, cheese stick, fruit/juice
11 Lunch: Chicken patty sandwich, Smiley fries, fruit B) Granola bar, yogurt, fruit/juice	12 Lunch: Spaghetti, garlic toast, cottage cheese, fruit B) Waffles, cheese stick, fruit/juice	13 Lunch: Corndog, baked beans, chips, fruit B) Egg/cheese/ham sandwich, fruit/juice	14 Lunch: Tater tot hot dish, cinnamon roll, fruit B) Cereal, Scooby grahams, cheese stick, fruit/juice	15 Lunch: Pizza, green beans, fruit, cookie B) Long John, cheese stick, fruit/juice
18 Lunch: Chicken nuggets, mashed potatoes, gravy, fruit B) Cereal, grahams, cheese stick, fruit/juice	19 Lunch: Rotini noodles, Red or Gold sauce, breadstick, fruit B) Mini donuts, yogurt, fruit/juice	20 Lunch: Orange Asian Chicken over rice, egg roll, fortune cookie, fruit B) Benefit Bar, cheese stick, fruit/juice	21 Lunch: Crisпитos, cheese sauce, fiesta corn, fruit B) Muffin and a smoothie	22 Lunch: BBQ sandwich, chips, baked beans, fruit, sorbet B) Pancakes, cheese stick, fruit/juice
25 Lunch: Chicken strips, mac n cheese, peas, fruit B) Granola bar, yogurt, fruit/juice	26 Lunch: Hamburgers, French fries, baked beans, fruit B) Breakfast pizza, fruit/juice	27 Brunch 4 Lunch: Waffles, ham, fruit, juice B) Strawberry yogurt parfait, fruit/juice	28 Lunch: Swedish meatballs over mashed potatoes, dinner roll, fruit B) Cinnamon roll, cheese stick, fruit/juice	29 Pizza Ranch Pizza, green beans, salad, fruit, Rice krispie treat B) Banana bread, cheese stick, fruit/juice

Variety Grab N' Go breakfast is available in the middle school for 5-8th grade.

All meals include choice of 1% chocolate or white milk and a fruit/vegetable bar is available at lunch. 2nd lunch option for grades K-8: PB and Jelly sandwich, yogurt or cheese stick, fruit and salad bar. 2nd lunch option for grades 9-12: Chef salad, fruit and milk.
 Menu is subject to change, check lisbonpublicschools.com for updates/changes.

