

January

Meal Prices:	
Lunch (K-4th) \$2.35	Lunch (5-12th) \$2.45
Breakfast \$1.75	Milk Break \$.30
Reduced Lunch \$.40	Reduced Breakfast \$.00
Adult Breakfast \$2.35	Adult Lunch \$3.10

Monday	Tuesday	Wednesday	Thursday	Friday
	1 NO SCHOOL	2 Lunch: Tomato soup, cheesy French bread, salad, fruit Breakfast: Assorted Cereal	3 Lunch: Rotini noodles, cheese or spaghetti sauce, breadstick, fruit Breakfast: Pancakes	4 Lunch: Chicken nuggets, mashed potatoes, gravy, fruit Breakfast: Cinnamon roll
7 Lunch: Walking taco, black beans, salsa, Spanish rice, fruit Breakfast: Ultimate Breakfast Round	8 Lunch: Hamburger, tator tots, baked beans, fruit Breakfast: Egg n bacon pizza	9 Lunch: Chicken strips, mac n cheese, peas, fruit Breakfast: Smoothie and a muffin	10 Lunch: Orange Asian chicken, brown rice, egg roll, fruit Breakfast: Waffles	11 Lunch: Cheesy Bosco stick, green beans, fruit, dessert Breakfast: Carmel roll
14 Lunch: Mr. Rib sandwich, potato smiles, baked beans, fruit Breakfast: Grab N' Go	15 Lunch: Taco salad, black beans, salsa, fruit Breakfast: Cereal	16 Lunch: Sliced ham, baked potato, dinner roll, fruit Breakfast: Fruit and yogurt parfait	17 Lunch: Spaghetti and meatballs, garlic toast, cottage cheese, fruit Breakfast: French toast	18 Lunch: Popcorn chicken, salad, breadstick, fruit Breakfast: Cinnamon roll
21 NO SCHOOL	22 Lunch: Chicken patty sandwich, crispy potato cubes, baked beans, fruit Breakfast: Egg n bacon pizza	23 Lunch: Tator tot hot dish, cinnamon roll, salad, fruit Breakfast: Smoothie and a muffin	24 Lunch: Chicken bits n gravy, mashed potatoes, bun, corn, fruit Breakfast: Ultimate Breakfast Round	25 Lunch: Sub sandwich, chips, salad, fruit Breakfast: Carmel roll
28 Lunch: BBQ sandwich, baked beans, potato salad, fruit Breakfast: Grab N' Go	29 Lunch: Chicken quesadilla, black beans, salsa, fruit Breakfast: Cereal	30 Lunch: Chicken nuggets, mashed potato, gravy, fruit Breakfast: Fruit and yogurt parfait	31 Lunch: Rotini noodles, spaghetti or cheese sauce, breadstick, fruit Breakfast: Pancakes	

All meals include choice of skim, 1% or fat free chocolate milk. Fruit/vegetable bar available at lunch. Menu is subject to change, check <http://www.lisbon.k12.nd.us> for updates/changes.

