

Teen Contract

Facts about safe driving

- 28 % of teens involved in fatal crashes had been driving
- More than half of fall-asleep crashes involve drivers 25 years and younger.
- Distracted driving increase the risk of collisions. This includes, eating, putting on make up, talking on the cell phone or interacting with passengers.
- Car crashes are the number 1 killer of teens

As a new driver in the family and the need to keep the family safe the following contract has been written and agreed upon by the members.

As a family, we agree that...

- Driving is not a right; it is a privilege that can be taken away
- Safe driving requires a person's complete attention and focus
- Driver performance is impaired by drugs, alcohol and sleepiness
- Proper sleep is important for health and safety and we will make it a priority in our lives
- Speeding and other forms of reckless driving are dangerous
- Seatbelts save lives

As a new driver, I agree to...

- Wear a seatbelt and obey traffic laws at all times
- Not to use a phone while driving and to give driving my full attention
- Never to drive under the influence of drugs, alcohol or sleepiness
- Not to ride with someone under the influence of drugs, alcohol or sleepiness
- Learn about the signs of sleepiness
- Stop driving if I recognize the signs of sleepiness and find a safe place to nap, call home to be picked up or make arrangements for alternative transportation

As parents, we agree to...

- Make sleep a household priority
- Be an example – we will not drive under the influence of sleepiness, drugs or alcohol or ride with others who do so
- Be supportive – we will pick up or help find alternative transportation for a driver impaired by drugs, alcohol or sleepiness
- Be a resource – we will review safe driving practices with our teen regularly

This table outlines driving violations and their consequences for new drivers:

Driving Violation

Consequence

Not wearing a seat belt

Lose driving privileges for ____ days

Using a cell phone while driving

Lose driving privileges for ____ days

Passenger restriction

Lose driving privileges for ____ days

Nighttime driving curfew

Lose driving privileges for ____ days

Driving when tired

Lose driving privileges for ____ days

Speeding/reckless driving

Lose driving privileges for ____ days

Driving under the influence of Alcohol
Or drugs

Lose driving privileges for ____ days

New Driver

I promise to abide by the rules outlined above. If I choose not to follow these rules, I understand that I will lose my driving privileges and will need to make other transportation arrangements.

Signature _____

Date _____

Parents/Guardian

I promise to set a good example and help my child to succeed in following these rules and to become a safe and responsible driver. I will make myself available to discuss these rules and driver safety when necessary.

Signature _____

Date _____